



**STOCKPORT HARRIERS & ATHLETICS CLUB**



# STOCKPORT 10

10 Mile Road Race - Run under UKA rules - Permit applied for - Minimum Age 17 Years

**SUNDAY 13<sup>TH</sup> DECEMBER 2009 at 10:15am**



\* A donation will be made to our nominated charity from the race profits. See website for details. \*

**Venue:** Woodbank Stadium, Woodbank Park, Turncroft Lane, Offerton, Stockport, SK1.

**Visit:** [www.stockportharriers.com/race.htm](http://www.stockportharriers.com/race.htm) for race information and the latest news.

**Facilities:** Changing Rooms, Showers, Toilets, Bag Storage, Refreshments,  
Car Park near the Woodbank Community Centre, use Post Code SK1 4BN.

**Prizes:** Over £150 first prize for senior men & women.  
£100 prize for anyone breaking the course record. (see race pack for details)  
Vet categories from V35 women to V70 men.  
Prizes for junior men & women.  
Many spot prizes. Race memento and our famous goody bag to all finishers.

**Entry Details:** Affiliated Runners £11:00; Un-Affiliated Runners £13:00. (£2:00 extra on the day) Race Limit: 800

Name:	
Gender:	Age on race day:
DoB: / /	
Affiliated Club:	
UK Athletics No. (req. if attached):	
Address:	
Town/City:	
County:	Postcode:
Tel:	or Mobile:
eMail (req.):	

I declare that I am medically fit to run and understand that the organisers or the sponsors of this race will not be held responsible for personal damage, loss or injury incurred before, during or after the race. I am an amateur as defined by the UK Athletics rules.

Signed:	Date: / /	Fee: £
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**Return to:**  
**Cheques Payable to:**  
**Note 1:**  
**Note 2:**  
**Note 3:**

Alan Dilkes, 23 Poleacre Lane, Woodley, Stockport, Cheshire, SK6 1PH  
STOCKPORT HARRIERS & AC.  
Entries must be received on or before 4<sup>th</sup> December 2009.  
**If race limit is reached there will be no on the day entries.**  
**NO SAE Required.**